

Taking Action on My PINS to Reinvent Myself

Read more about this approach at www.determinedtolovemondays.com/taking-action-on-pins

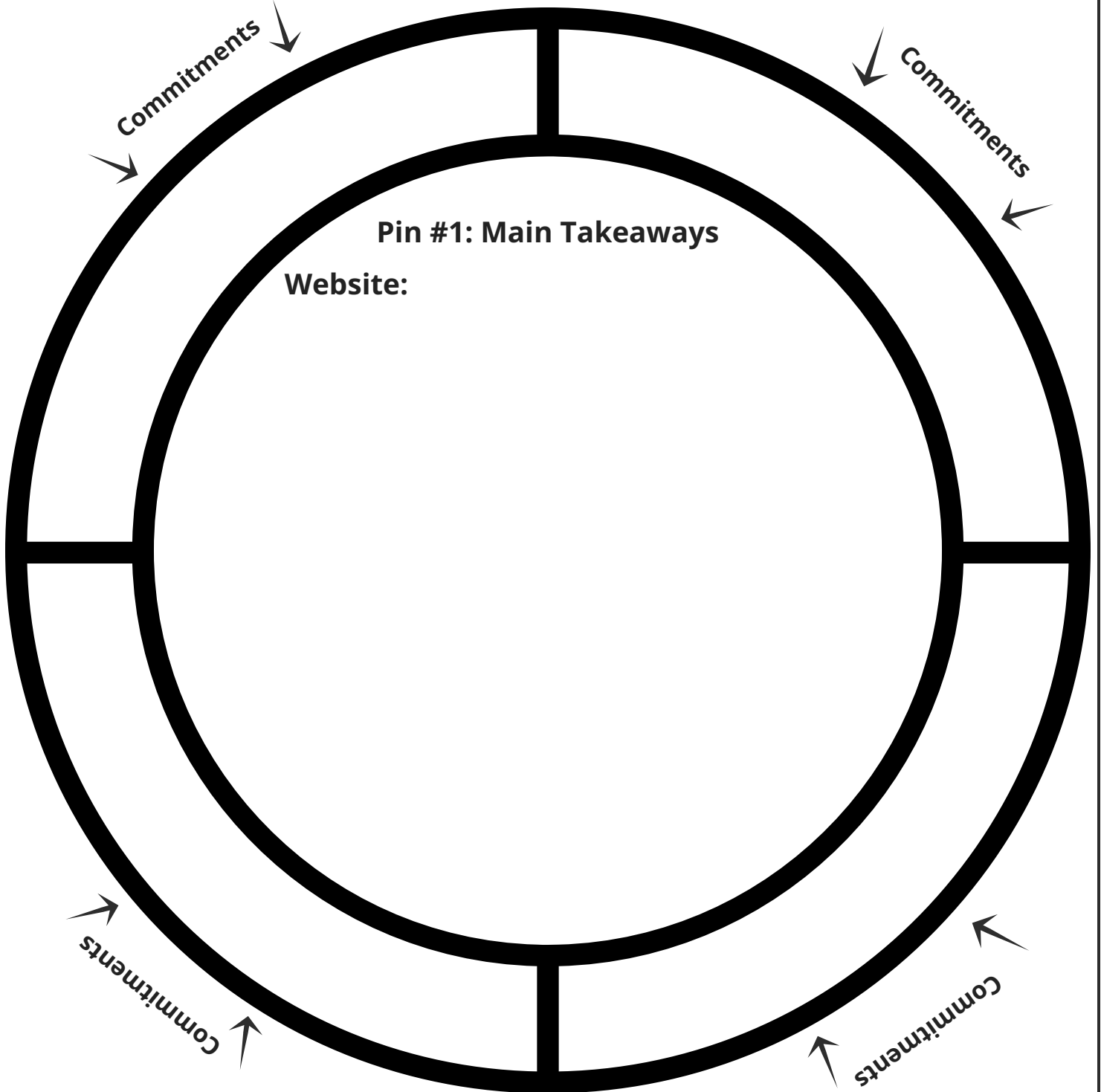
Directions:

1. Visit your boards on Pinterest.
2. Determine which 'Area of Focus' or board you want to work on.
3. Fill in your Area of Focus or Board Name at the top of page 2.
4. Identify at least 4 PINS you want to review to start.
5. Visiting one PIN at a time, write down the main takeaways in the center circle of your worksheet. Also include the website address if this is a website you want to revisit.
6. Determine if there are any ideas you want to commit to* from the takeaways and write them in the spaces around the circle.
7. Now that you've reviewed the content of that PIN, determine if you want to keep the PIN or delete it to keep your boards organized. Deleting the PINS you've already reviewed will help you easily identify the PINS you haven't visited yet.
8. Continue with the same process for the next 3 PINS on pages 3-5.
9. Complete the Action Plan on page 6.
10. Add your worksheets to your life planning binder. If you want ideas on setting up a Life Planning Binder, visit <https://www.determinedtolovemondays.com/create-life-planning-binder/>
11. Share your experience with this process in our communities private FB group. Not a member, join here: <https://www.facebook.com/groups/Determinedtolovemondays/>

*Be gentle with yourself when making commitments. There are 4 spaces for you to fill out, however, don't feel obligated to use them all.



Area of Focus or Board Name:



Pin #2: Main Takeaways
Website:

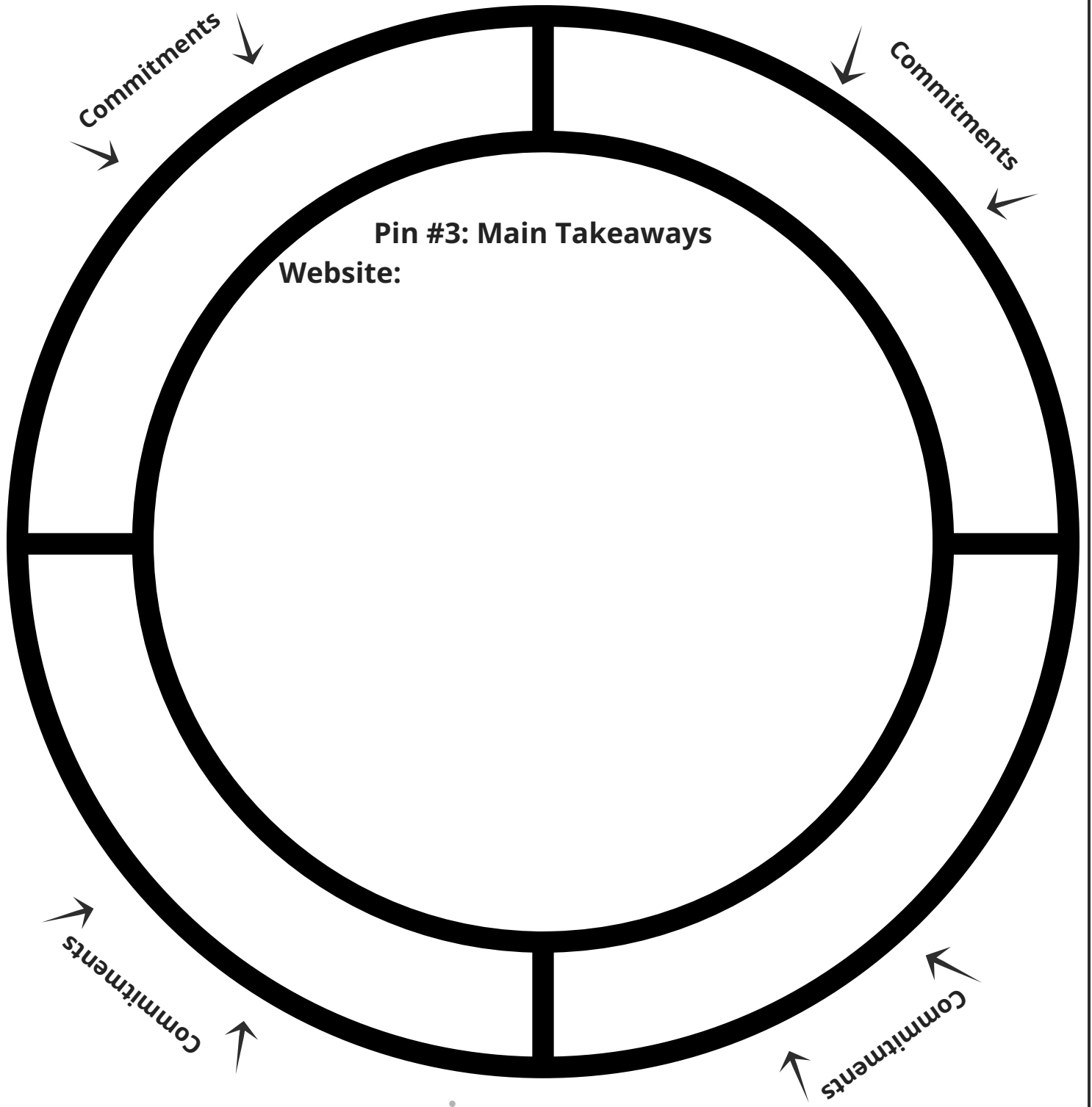
Commitments

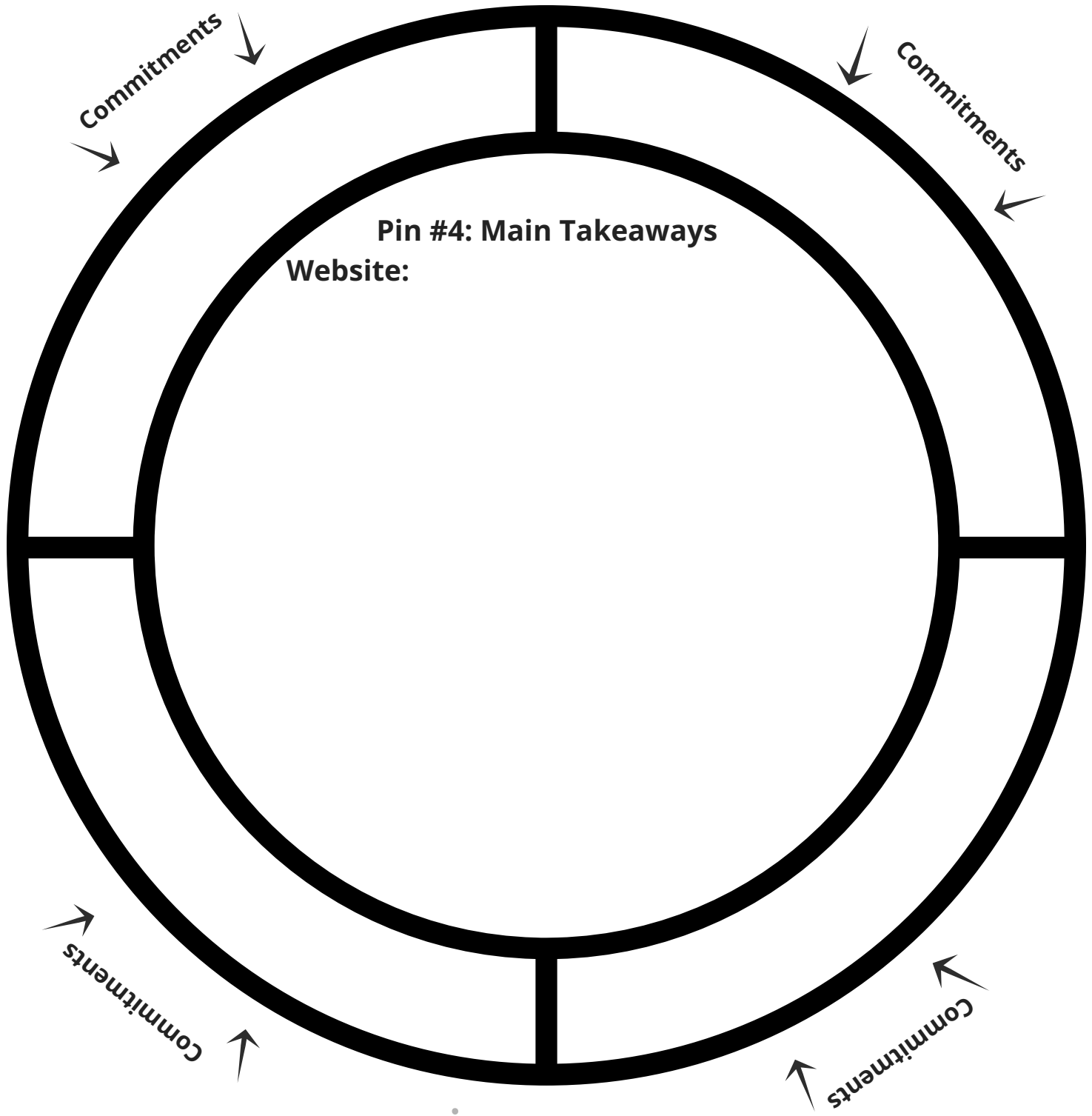
Commitments

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ACTION PLAN

Prioritize Your Commitments

List all of your commitments from pages 2-5 and then prioritize them (example 1-8)

TO DO LIST

Looking at your first few priorities, what can you do over the next few weeks to start moving on them? Or use your planning calendar to space out all of the things you'd like to do over the next 6 months to a year.

Revisit Date*:

*Add date to your planner to revisit additional priorities on your list.

